

Literary Mocktails

From Charles Dickens *A Christmas Carol*:
Bah Humbug

Ingredients

Pomegranate juice (to taste)
Juice of half a lime
Soda water (to taste)
6 mint leaves
Ice
Pomegranate seeds and lime wedges

Instructions

Muddle the mint leaves in a glass. Add ice and lime juice. Half fill the glass with pomegranate juice. Top up with soda water to taste. Add pomegranate seeds and lime wedges for garnish.



From Charles Dickens *Great Expectations*:
Grape Expectations

Ingredients

6 oz grape juice
6 oz cranberry juice
Soda water - to taste
Ice

Instructions

Mix juices, serve over ice and top up with soda water to taste.



James and the Giant Peach by Roald Dahl

Ingredients

2 ripe peaches, peeled and sliced (or you can use frozen)
1 cup sparkling apple juice, plus more for serving
2 teaspoons SLENDA® Sugar Blend (sub. 1/4 cup sugar)
1 teaspoon lime juice

Instructions

Place sliced peaches in freezer for 1 hour. Combine peaches, 1 cup sparkling apple juice, sugar and lime juice in a blender and blend until smooth. Pour into 2 glasses and add about 1/2 inch of additional sparkling apple juice.

Notes

Depending on the sweetness of your peaches and your personal taste you may want to use more or less SLENDA® Sugar Blend. Start with 1 teaspoon and add more if desired.



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